Candied superfruit with fibre

Aronia (chokeberry), sour cherry and elderberry are

the so-called superfruits, containing more vitamins and minerals, antioxidants and fibre than other fruits. Our superfruits are additionally wrapped in fibre to increase your dietary intake.

Due to the high content of antioxidants, superfruits help reduce the risk of cancer, improve immunity, and delay the aging process. The fibre they contain has a great effect on the digestive tract, also increasing immunity and ensuring efficient metabolism.

Suitable for vegans. The product does not contain gluten.



Candied aronia (chokeberry) in aronia fibre

Aronia is a vitamin bomb containing vitamins C, P,E and B.

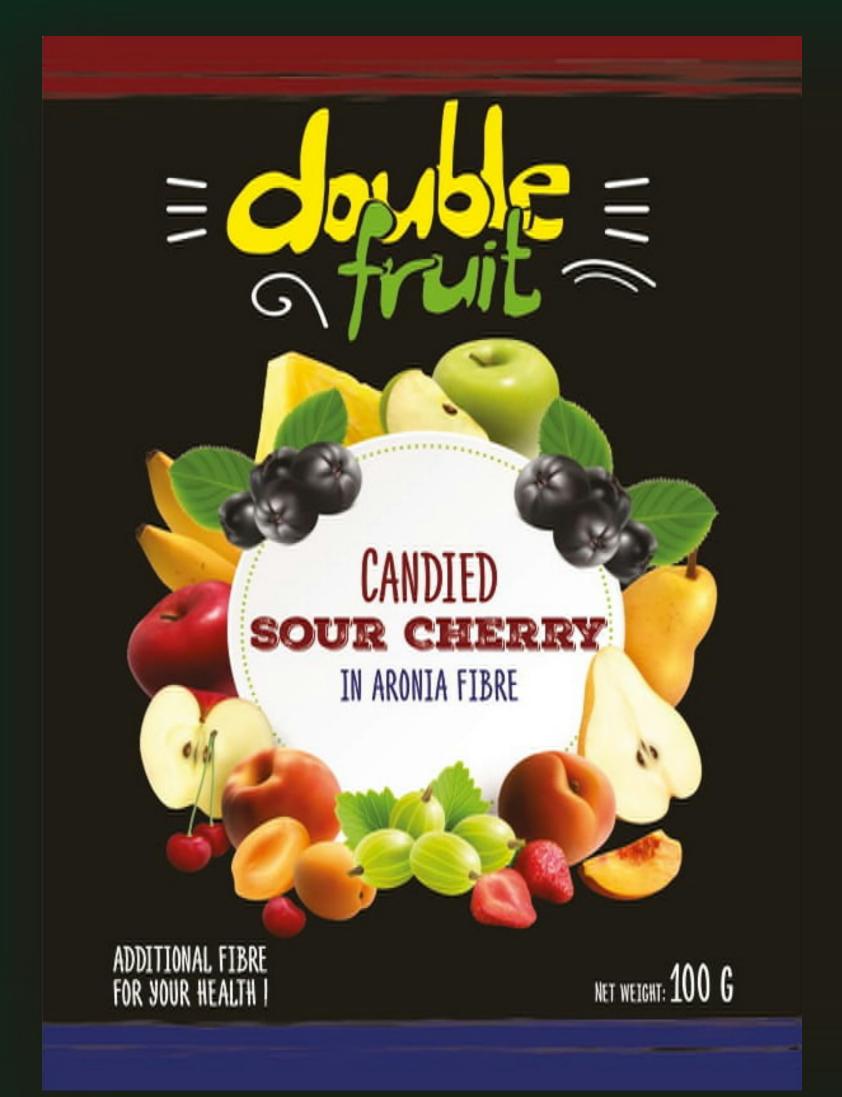
- Vitamin C strengthens the body, prevents aging processes, improves blood circulation.
- Vitamin P lowers blood pressure and improves blood flow. It has antiallergic and antifungal properties.
- Vitamin E is an antioxidant that delays the aging process.
- Vitamin B improves the functioning of the nervous system, relieves tension and has a good effect on the mental condition.

The rutin and anthocyanins contained in chokeberry have a beneficial effect on the circulatory system, contributing to the reduction of blood pressure. Consuming chokeberry strengthens the body's resistance to colds.



Candied aronia (chokeberry) in cocoa fibre

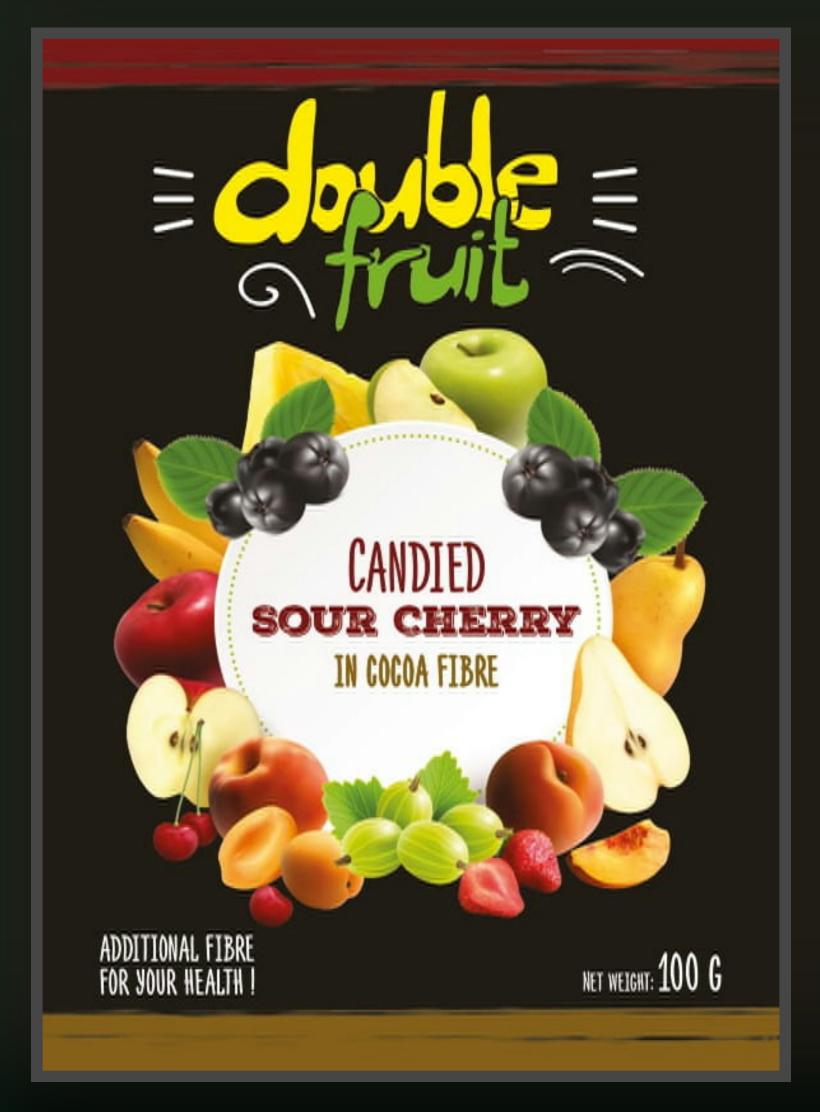
Cocoa fibre added to aronia provides additional antioxidant polyphenols that may help reduce cardiovascular risk. Candied aronia in cocoa fibre is a vitamin bomb with cocoa flavor.



Candied cherries in chokeberry fibre

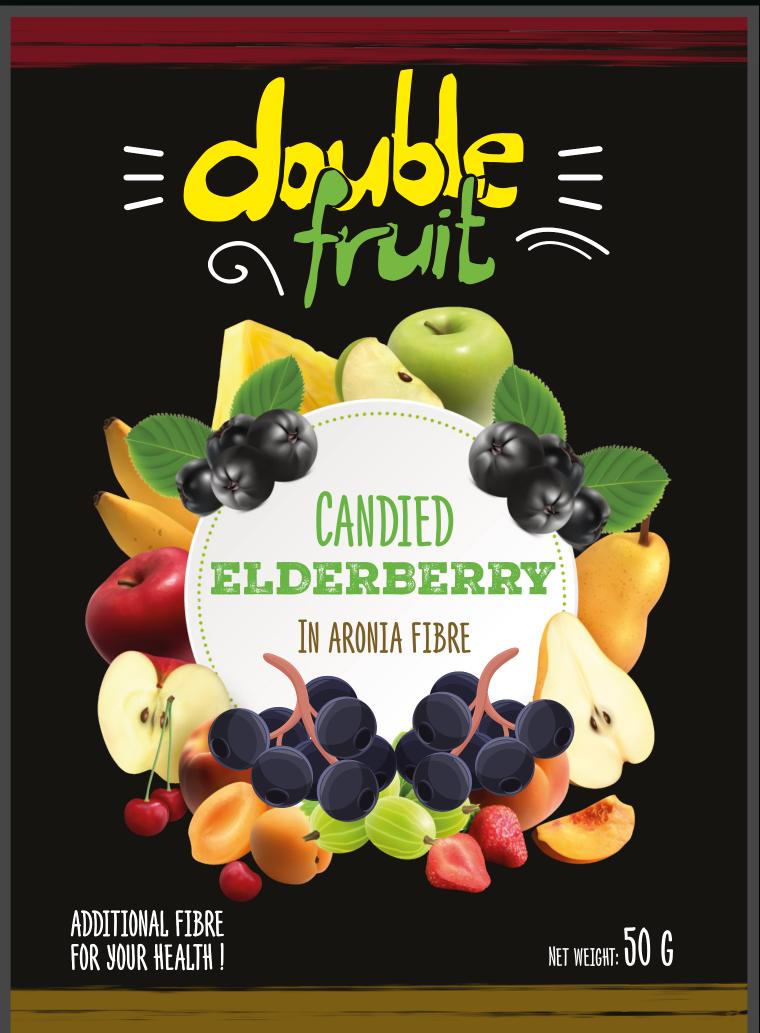
High levels of antioxidants and anthocyanins (which give cherries their bright red color) can slow degenerative brain disease. In addition, cherries can help fight insomnia: cherries have more melatonin (the hormone responsible for sleepiness) than any other fruit.

They also contain tryptophan, a slow metabolizing amino acid that the body uses to make melatonin. Eating cherries also has a muscular protective effect and helps reduce pain during strenuous exercise.



Candied cherries in cocoa fibre

Cocoa fibre added to cherries provides additional antioxidant polyphenols that may help reduce cardiovascular risk. Candied cherries in cocoa fibre are a vitamin bomb with cocoa flavor.



Candied elderberry in chokeberry fibre

Elderberry fruits are packed with antioxidants and vitamins that strengthen the immune system. They help soothe inflammation, reduce stress and protect your heart. Elderberry fruits help to cleanse the body of toxins and harmful metabolic products. They are especially recommended for people suffering from rheumatism or skin inflammation, inflammation of the stomach and intestines, as well as for sciatica and neuralgia.

Elderberries have antiviral properties and can fight the virus even after infection has already occurred. Research published in the Journal of Functional Foods in 2019 found elderberry to inhibit all stages of influenza infection.